

BLEPHAROPLASTY - Eyelid and Eye bag Correction

Blepharoplasty is a surgical operation designed to remove the excess fatty tissue, muscle and loose skin, around the eyes, and to create a more youthful, wide-eyed look.



The eyes are perhaps our most important facial features. They have the ability to show our feelings, and emotions, and to greatly influence overall facial expressions. As we age, the skin around our eyes loses its elasticity. You may develop loose folds of skin on the upper eyelids and deep creases on the lower lids. At the same time, your muscles in this area may also slacken so that any fat bulges forward and looks baggy. Cosmetic eye surgery can remove the excess skin, fat, or both, from around your eyes.

Sometimes you can develop baggy eyes in your 20s before your skin changes and can be an inherited trait from your family.

Cosmetic eye surgery may also improve your sight if saggy skin in the upper lids hangs over the eyelashes to obstruct vision.

The surgery can also remove wrinkles, but only those in the skin that is cut away in the operation. It will not remove "crow's feet" and cannot change the colour of dark shadows under the eyes.

It is important to discuss with Dr Zacharia what you are hoping to gain from the operation, and the result you can realistically expect.

The procedure

The operation is usually performed under twilight anaesthesia. General anaesthesia can be used if preferred and/or if necessary. The procedure itself takes an hour or more for either upper or lower eyes depending on the individual case. If a general anaesthetic is used, you might have to spend a one-night stay in hospital. If it is undertaken with local anaesthesia, a day stay in the hospital will be sufficient. Between four to seven days post-operatively the stitches will be removed. There may be some discomfort, and some swelling, tenderness and bruising of the eye area must be expected, but this is only temporary.

Return to work

Patients usually return to work after one week, as make-up is allowed after the stitches have been removed and most of the swelling has subsided. Dark glasses are allowed immediately so one can proceed with one's normal routine as soon as possible. Post-operative care instructions are given by the surgeon and these must be carefully followed to ensure best results.

Complications

Vision is not affected by this operation, as it is only the tissues that surround the eyes that are involved. There is a slight risk, although rare, of downward displacement of the lower eyelid (ectropion) as a result of skin tension, but this can usually be corrected by 'squeeze' exercises, involving repeated tight closure of the eyelids. Occasionally, this displacement may be significant enough to require a second operation despite the best possible surgical techniques, particularly in advanced cases with poor muscle tone. Other problems that may arise are those associated with any surgical procedure – infection, scarring, and prolonged swelling, etc., which you should always enquire about during a consultation with your surgeon.

Results - Both the upper and lower lids can be corrected at the same time or treated separately, and if required combined with a full-face lift. This treatment is suitable for both men and women. Results can be extremely effective and dramatically reduce the impression of ageing.

The information provide on this site is not intended to replace the need for a doctors consultation. Final decisions should not be made until an individual assessment has taken place with the surgeon.

There is no obligation on the part of the patient to undergo surgery by attending a consultation. Please phone 1800 685 438