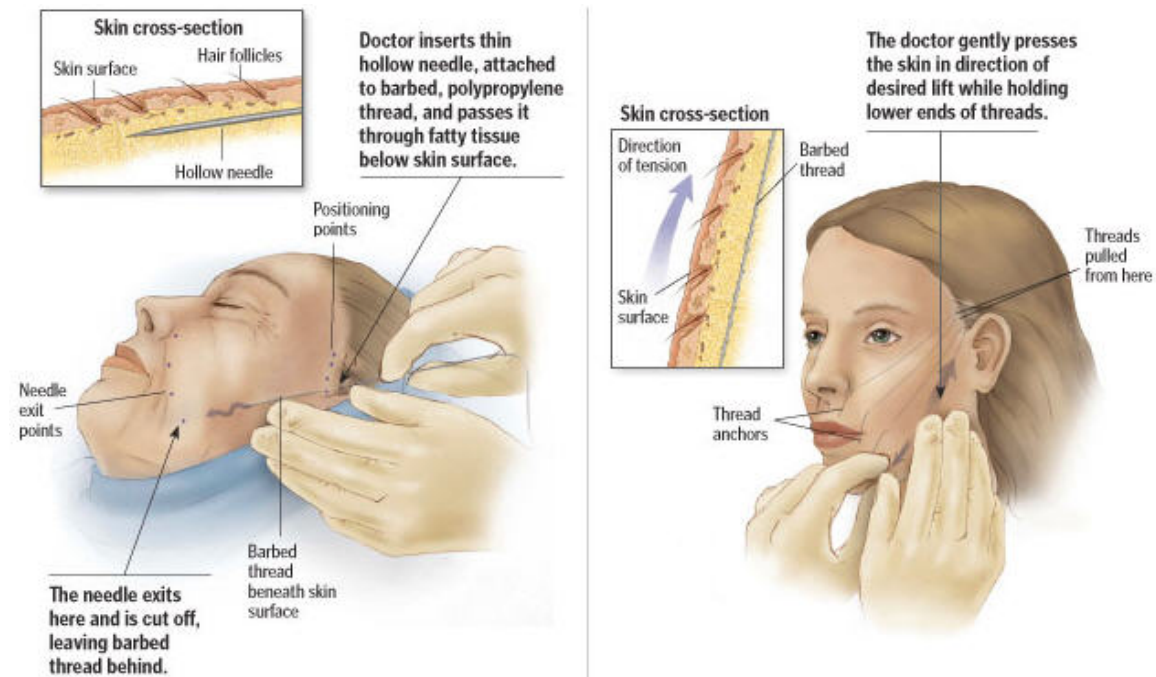


Contour Threads™:

The most advanced threadlifting technology yet.

As the ageing process begins, the connective tissue thins and collagen and elastic fibers break down. These changes in the support structures appear as sagging, deep creases, folds and wrinkles that can appear in your thirties.

A procedure with patented Contour Threads™ is a safe, conservative and effective one that offers subtle, natural-looking results. These specially designed sutures are fashioned from clear polypropylene, a material that has been safely used in the body for many years in other medical products. By gently shifting sagging tissues in an upward direction, this technique allows the surgeon to produce a relaxed, fresh appearance while preserving and enhancing the natural contours of your face. This thread lift procedure does not replace a conventional facelift; rather it offers patients an innovative, minimally invasive approach.



A consultation with Dr Zacharia who has been fully trained in this procedure is the first step. To ensure a high level of safety and accuracy, all physicians must complete a training course on the surgical technique before using Contour Threads™.

In general, the best candidates for this procedure include both women and men in their thirties through to their sixties who want a more youthful appearance, but do not want a conventional full facelift or browlift procedure.

Possible indications may include:

- Moderate drooping of the soft tissues of the brow and face
- Poorly defined upper and mid face contours

Frequently asked questions

What areas can be treated with Contour Threads™?

Contour Threads™ are used for:

- Repositioning sagging cheeks
- Lifting sagging eyebrows
- Adjusting asymmetric brows & face
- Adjusting neck area

What are “barbed” sutures?

Unlike conventional sutures which are smooth, Contour Threads™ have tiny barbs or cogs, that are spaced evenly apart. Once inserted under the skin, they are fixated in an umbrella-like fashion and with tension create suspension that gently lifts sagging tissues of the brow and face.

How do Contour Threads™ work?

Due to the unique design of the barbs of Contour Threads™, the surrounding tissues act to hold the threads in place without the need for visible scars. For the midface procedure, Dr Zacharia makes a tiny incision close to the ear and the threads are advanced along the previously marked contours toward the chin and jawline so they create a firm hold on the underlying tissues without causing additional trauma. The cogs do the work of holding, by being fixated to tissue as they are softly contoured into place. Once in position, your body generates new collagen bundles that surround each thread to maintain the lifting effect. The exact placement of the threads will vary from patient to patient. Unlike other thread products, Contour Threads™ are clear in color so they are not visible under fair or thin skin.

How long does the Contour Threads™ procedure take?

The procedure is quick and usually performed under local anesthesia, and if desired, light intravenous sedation. The actual length of time will depend on the number of threads used. A typical procedure usually takes about 60 minutes to perform.

How long is the recovery for Contour Threads™?

In most cases, there is minimal discomfort, bruising and swelling. Ice compresses are recommended for the first 24-48 hours. Patients can usually return to work or normal activities in a few days to one week.

How many Contour Threads™ treatments will I need?

Usually only one procedure is needed to achieve the desired lifting effect, though in years to come retightening of the threads may be required.

How long do the Contour Threads™ results last?

Duration varies depending on the age of the patient at the time of the procedure, the degree of sagging, and the number of threads used. Additional threads may be added as needed.

What are the possible side effects of Contour Threads™?

The Contour Threads™ procedure is a simple procedure to perform. Complications are rare and will be less likely with an experienced surgeon. Since this technique is entirely reversible, unwanted effects are usually easily corrected under local anesthesia.

Can the Contour Threads™ procedure be combined with other cosmetic procedures?

This is a stand alone procedure. It is not uncommon to have this procedure combined with other facial rejuvenation techniques, such as injectable muscle relaxants to reduce wrinkles and fillers to enhance volume, or peels and laser therapy to improve skin texture. Liposuction of the neck are some of the other procedures that can be done in conjunction with a Contour Threads™ procedure.

Will I still be able to have a conventional/traditional facelift or a browlift at another time?

Absolutely! As the procedure was developed by a board certified plastic surgeon, the unique design of Contour Threads™ allows a traditional facelift or browlift procedure when you are ready.

For more information on Contour Threads™ please **phone 1800 685 438**